

The Daily Planet

Independent/Unaffiliated Charity

CVC code: 51916

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ESTABLISHING A MEDICAL HOME AT THE DAILY PLANET--PATIENT SUCCESS

A 60-year old male patient with uncontrolled diabetes came in for help bringing down his blood sugar levels to an acceptable range. His many previous attempts to control his diabetes had not been successful. Patient was uninsured and had no ongoing medical care for a long time due to the lack of insurance. Patient had been referred to specialty care through Access Now because he needed a hip replacement; however he'd been told by the specialist that the only way he could undergo surgery was to first get his blood sugar levels under control. Patient was enrolled in our Diabetes Impact project when his initial blood sugar levels were over 500. Diabetes Impact integrated care team was able to provide him with a combination of patient education about diabetes, suggest lifestyle changes, and provide medication for his condition. After 3 months of Diabetes Impact involvement, patient uses his medication as directed and has responded to patient education and lifestyle changes by taking personal responsibility for his own health. Patient is doing very well with his blood sugar levels being maintained in the low 100s. Because of a small finding during a pre-op EKG, patient is in the process of getting cardiac clearance (referred to Access Now for specialty care) prior to hip replacement surgery. As a result of the patient establishing The Daily Planet as his medical home, he also has been "caught up" on other age appropriate screenings, has received medications as needed to manage his chronic conditions and was able to continue toward his workup. Patient was able to be scheduled for hip replacement surgery and is progressing well in his recovery.